

## **Basic Laws of Human Behavior**

### **Reticular Activating System (RAC)**

It is the internal mechanism that pre-conditions us to react. It can be reprogrammed.

### **Law of Control**

How we feel about ourselves is in direct proportion to how much control we feel we have over our lives.

### **Law of Accident**

Failing to plan is Planning to fail – Vince Lombardi

### **Law of Cause and Effect**

For every action there is an equal and opposite reaction

### **Law of Belief**

Whatever you truly believe with conviction becomes your reality

### **Law of Expectation**

Your expectations become your own self-fulfilling prophecy

### **Law of Attraction**

The science of attracting more of what you want and less of what you don't – Michael J Loser

### **Law of Correspondence**

Your outer world is a mirror that reflects what is going on inside. Change the inside and the outside will also change

### **The Law of Concentration**

What you dwell upon becomes part of who we are.

### **Law of Substitution**

Because the conscious mind can only dwell on one issue at a time, we can substitute one idea for another by concentrating on the substitute idea.

### **Law of Practice or Repetition**

Every action in our lives is a habit of positive or negative action.

### **Law of Relaxation**

The more relaxed and confident we believe the more our mind will achieve.

### **Law of Subconscious Activity**

Whatever the conscious minds says our subconscious mind will accept and integrate into our thinking.

### **The Law of Return**

You can only reap what you have sown in the past. The more you put in the more you get out.

### **The Law of Compensation**

For every action there is an equal and opposite reaction. We must first do for others before we can expect them to do for us.

### **Law of Service**

We can only get what we want by serving our fellow men. Use the Law of (over-) Compensation. All successful people start out concentrating on how they can serve, not on what they can get. Serve first and you will receive back.

### **Law of Use**

With any human faculty we either use it or lose it.

### **Law of Indirect effort**

We get almost everything we want in an indirect way. To get respect we must respect. To impress others we must be impressed by others.

**Claim your place in the world and all men will acquiesce it to you – Robert Emerson**

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